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Japan, Korea and Peru

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Shimane 2020 Entrance Ceremony held

By Mariko Eguchi, University of Shimane



Dr. Masayoshi Kiyohara giving a welcome address. Photo by Mariko Eguchi

With Shimane prefecture's being one of the three corona virus free prefectures in Japan, the University of Shimane held the entrance ceremony on April 2, 2020 as scheduled.

In a welcome address, the University of Shimane's President, Dr. Masayoshi Kiyohara congratulated the 248 undergraduate and graduate students, wishing a fruitful and enjoyable student life ahead. He stated the college experiences form the foundation of an individual as it is the time to foster various abilities such as creativity, understanding, cooperation, overcoming difficulties through meeting a variety of new people.

Dr. Kiyohara encouraged the new students to play an active part in various fields of the campus and community as the "anchors" of the Faculty of Policy studies, as they are the last cohort of the faculty, which will be reorganized into the Faculty of International Relations and the Faculty of Regional Policy Studies in

2021.

Miss Momone Kakita made an oath on behalf of the new students, promising that they would like to acquire foreign language and communication abilities as well as expert knowledge on policy studies to contribute to the development of society.

The entrance ceremony was shortened this year for 20 minutes with health authorities recommending social distancing in order to prevent the corona virus from spreading across Japan. The orientation materials were changed, and announcing all the students' names, speeches by guests, singing songs and photo shooting were cancelled.

The mother of a freshman, who waited outside of the auditorium, said that she was very pleased at the fact the University of Shimane did not cancel the entrance ceremony, as it is a very memorable day for parents.

Ayahuasca: Spiritual Tradition from Peru

By Estefania Butron
ESAN University

You might have heard of ayahuasca. If you haven't, I will tell you a little bit about it. Socially speaking, this is a homemade beverage that makes people hallucinate. Scientifically, ayahuasca is made from Chacrina-Psurotria Ciridis, a plant that has dimethyltryptamine-DMT, which has a psychoactive agent that when it's cooked and mixed with other plants, you get this powerful potion. But this is actually a tradition that comes from way back in time, to before the Spanish Conquest.

Ayahuasca is just a part of a very ancient tradition made by shamans or traditional healers in the jungle of Peru. They get together in bungalows to accomplish a very spiritual and soul-healing process that will make them travel on the path of wisdom. So the ritual starts when this shaman enters the place where the ritual is being held, and he or she sits in the center of a circle with all the people that are going to take part in this ritual. It could actually last from 7 to 9 hours. A big mistake that people make is that they try to make this "trip" on their own, but you have to have a guide because ayahuasca is known for

having really strong hallucinogenic powers, so you might want to have someone there to guide you in the process. Maybe now you might ask yourself, "Why do people want to do this?" The whole point of this ritual is to understand the meaning of visions or dreams that people might have, so you can see yourself through different eyes, as people have said before. It is also made by people who feel they want to cleanse themselves from the inside out or who want to have a better understanding of themselves.

In my personal experience, I had friends that did this ritual, and it could be different depending on who is leading the ritual: some shamans make people go on a specific diet before having the ritual because one of the results is that people can faint or vomit a lot after these "cleansing" or "vision moments." It's also said that people vomit afterwards because they are letting the evil they might have come out of their bodies, but I am not sure. These are all comments people say and experiences they have.

A really interesting fact about the ayahuasca tradition is that it is protected by the National Cultural Institute of Peru, which has declared (continued on pg. 2)

COVID-19: Response of South Korea

By Ju Yun Kim
University of Ulsan

The whole world is paying attention to Corona virus disease-19 coping methods of South Korea. Corona virus disease-19 is an infectious respiratory syndrome, and its epicenter is now known as Wuhan, China. This virus has a wide variety of symptoms, including fever, cough, headache, labored respiration and pneumonia. There are even cases of asymptomatic symptoms. While many people are suffering from the Corona virus, the response method of South Korea is recognized as a model case for the world to follow. This essay will provide details on three outstanding countermeasures of South Korea.

One of the most remarkable responses is the excellent test ability. Testing kit of South Korea is very fast and even boasts high accuracy. This plays a key role in isolating and treating suspected cases and confirmed cases. In addition, the drive-through inspection system for fear of contagion is receiving rave reviews from around the world. By exporting these testing kits and drive-through systems to various countries, the countries that introduced them are get a lot of help from South Korea. Thanks to such great test capacity, many patients of the world can be treated as soon as possible.

Transparent epidemiological surveys of infected people are another action of South Korea. They were able to track

the Global Positioning System location of mobile phones, credit card payment details and Closed-Circuit Televisions to pinpoint the path of confirmed patients.

Then they quickly sent disaster text messages to the people about the routes they traced. The route is incredibly detailed, and these immense technologies have enabled many people to get the information of a confirmed case. Therefore, this coping method was enough to win people's trust.

From all the incredible countermeasures in South Korea however, nothing is better than the efforts and cooperation of the people. The reason why South Korea's health care system is exceptional is all thanks to the efforts of the medical team. They risk their lives to fight against the Corona virus. In addition, all responses were possible due to the cooperation of people who practiced keeping social distance. It was able to gain recognition because people joined forces to overcome the national crisis.

As we can see, response to the Corona virus of South Korea is highly regarded as three. Excellent Corona virus test ability, transparent epidemiological investigations of infected people, and their civic awareness are brilliant countermeasures. Unlike in the early days of wariness, the world, which was watching South Korea's response amid deteriorating circumstances, began to pay attention to them. Their voluntary and prompt action is having good results in coping with Corona virus.

ing courses moved online, with early registration. After exploring the technology options with Steve Henneberry, Melissa Huntley organized several technology workshops for the new faculty to help us understand Moodle and Zoom so that we could use them effectively in our classes. Due to coronavirus, some students are not on campus, so even Extensive Reading had to be moved online by Eleanor Kane. Our latest challenge is balancing course work accessibility (on-demand activities) and the importance of interaction (class time) without overwhelming students.

This semester has been a new and bewildering experience for students, staff, and faculty at the University of Shimane. Not only are classes online, but also social events are cancelled, employees are allowed to work from home, and people are maintaining social distance. This situation is stressful for students, staff, and faculty alike. As a teacher, I will explain the situation from my perspective.

My teaching adaptations for COVID-19 began at my previous teaching post in America. At my previous institution, winter term is from January to March, so we had to make sudden changes to our classes near the end of the term. The administration avoided drastic changes, but in the end, instructors were given four days to move final exams completely online. The situation was chaotic for everyone, but we adapted and finished the term.

I then moved to Japan to start my position at the University of Shimane. Some people said that classes would be in person; others claimed that they would be moved online. The starting date of the semester was extended, and we were officially informed at the beginning of May that classes would be online starting May 11th.

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Classes and COVID-19

By Victoria Thomas
University of Shimane

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HEALTH



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Health Benefits of Caffeine

By Ri Na Kim
University of Ulsan

According to the 2014 Global Drug Survey, the three most popular drinks in the world all contain caffeine: coffee, tea, and cola. Caffeine is a central nervous system stimulant of the methylxanthine class. It is the world’s most widely consumed psychoactive drug. Caffeine can have both positive and negative health effects. In this essay, we will explore three main positive effects of consuming caffeine drinks.

First of all, caffeine helps people stay awake. These days, students and employees have a lot of works that they have to deal with in a day. Usually, they cannot withstand their tiredness without caffeine in coffee. According to a research, caffeine blocks adenosine receptors in the brain to increase alertness and reduce the perception of fatigue. For this reason, drinking caffeine decreases people’s fatigue.

Another positive effect of consuming caffeine is that it helps people lose weight. Drinking a cup of caffeinated coffee can gently raise our metabolic

rate for the subsequent three hours. Furthermore, an experiment conducted in Germany shows participants who drank 2 to 4 cups of caffeinated coffee a day were more likely to be successful at losing weight. Accordingly, drinking a caffeinated coffee can make our body burn more fats and generate more heat.

Last but not least, caffeine can reduce the incidence of depression. Caffeine in coffee produces neurotransmitter such as serotonin, dopamine, and nor adrenaline. These things make people feel better and positive. According to a research, drinking 3 cups of coffee daily decreases the 50 percentage of suicide rate. For this reason, 3 cups of coffee helps people feel pleasant in their daily lives.

To sum up, people who intake caffeine drinks can stay alert, lose weight, and decrease their depressions. It is because caffeine blocks adenosine receptors in brain. It also increases our metabolic rate and prevents us from feel blue. However, consuming excessive amount of caffeine is hazardous to our body. Therefore, we must consume proper amount of caffeine a day.

Diet Methods

By Yun Seong Lee
University of Ulsan

Have you ever been on a diet? A diet can be described as a plan for drinking and eating that is fixed to the amount and the type of foods and drinks that one has to ingest in order to achieve a specific lifestyle. The methods of diets are divided into zone diets, atkin diets, and vegetarian diets, depending on the purpose of dieting.

The most popular diet is Zone diet. It is a diet to lose weight. The main factors affected such a popularity of this type of diets are fashion industry and popularization of healthy lifestyle. This is where the carbohydrates, proteins, and fats are balanced in a ratio of 4:3:3 respectively. This means if the food has 40% carbohydrates, then it should have 30% proteins and 30% fats. A person who wants to lose his or her weight should take food with unrefined carbohydrates, fats such as avocados and olive oils, as well as nuts.

The second method of diets is Atkins diet. Many diseases are associated with lifestyle and therefore many diets are prescribed by doctors to people who suffer from certain diseases. Thus, this diet focuses on insulin levels control. It is mostly found in food rich in fats and proteins. People with high insulin levels avoid foods rich in refined carbohydrates because they trigger energy levels in the body making it release more insulin.

The third method of diets we discuss in this essay, is the vegetarian diet. It is related to views and values. One of the most popular diet associated with religion and ethics, not science, is vegetarian. Many people are vegetarians by choice or because of their religious affiliations. A majority of vegetarians are categorized as Lacto-ovo vegetarians, that is, they do not eat animal products except honey, dairy, and eggs. “Lacto” is related to the Latin word for milk, and “ovo” is related to the Latin word for egg. Al-

Eating Disorders in Young Women

By Ye Jin Kim
University of Ulsan

According to the statement of a doctor in a Seoul hospital, one in four young women is suffering from eating disorders. Actually, eating disorders happens more often to the young generation rather than the middle generation and it is particularly focused on women. Although many people think excessive diets cause eating disorders, there are many more causes inclusive of the diets. This essay will present the most key three causes of eating disorders and why it is especially common to women.

In general, eating disorders are related to extreme diets as people know. It is important but difficult to maintain the suitable weight in their life. There is so much food that makes fat around them and they may not shake off the temptation. They could disregard the food early in diet but at some point, they eat up too much food as if a screw on the machine pulled out. After eating, they even vomit because of feeling guilty. This is called Bulimia. In contrast, it is called anorexia to eat a really small amount food or not to eat anything. In this way, the obsession with unreasonable diets makes the eating disorders.



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though the vegetarian diet is usually a choice about ethics, there are benefits to some people’s health. Vegetarians have a longer life expectancy, suffer less from diseases and have a lower body weight compared to people who eat meat.

Some people who want to lose weight and build slim bodies adopt zone diets that balance between carbohydrates, proteins and fats. Others do Atkin diets to reduce the risk of disease. There are also people who do vegetarian diets to keep their personal beliefs. There is not better or worse diet. One should choose a diet according to his or her aims.

Editor’s note: As a reminder to our more weight-conscious readers, many scientists define a diet as simply the foods that you eat. It does not have to be restrictive, and it should be healthy (not too much, but also not too little). Your health is more important than your image.

There are also eating disorder cases of distorted images on media while there are cases of the diets. For example, a normal weight woman casually watches a television program where many celebrities appear. She continues to look their skinny body shape out of awareness and thinks that her body is too obese. She does not have dinner in order to achieve an emaciated body. Besides, if she logs into her SNS, she finds posts in which other women show off their skinny body and reads praise comments about that. Those make women get the eating disorders and distorted perspectives of their body.

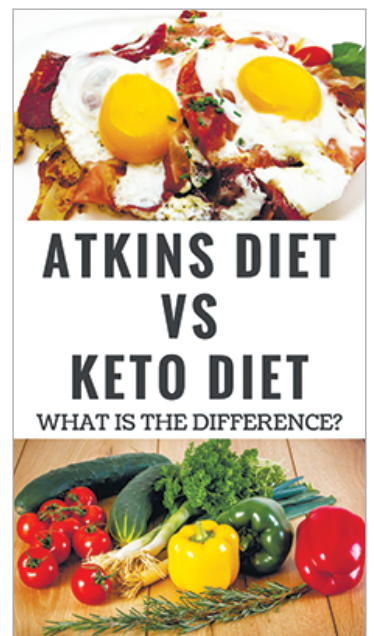
The final reason about the eating disorders is because of perfectionism. This may be related to a home background or individual mental disorders. Women have heard the following saying from their parents: “Why is a girl’s room so dirty?” , “A girl should be clean!” This statement makes the women think that they should be perfect. The women brought up with such words believe that their unattractive body -- actually, it is a very normal body type -- is not perfect. This leads to depression; it makes her avoid food rather than makes her exercising for ideal body shape. The women will try to make excellent body without knowing that they suffer from eating disorders.

Eventually, it means that the eating disorders are not caused only by dieting. Images on media or a home environment can make an impact on the eating disorders. The eating disorders can reach young girl as it is a disease that occurs in public to young women. Therefore, people should not look at young women suffering the eating disorders very negatively; instead, they should help them actively.

Ayahuasca, cont.

(continued from pg. 1) the ceremony a Cultural Patrimony of the Nation based on the knowledge and traditional uses of this plant.

So if you ever get the chance to come to Peru and like to try new things, this might be at the top of the list.



"Atkins diet vs keto diet" by Stephen Pearson is licensed under CC BY 2.0

SOCIAL STUDIES

School Uniforms or Casual Clothes?

By Ae Rim Jwa
University of Ulsan

What kind of clothes do you usually wear? Think about which one you put on more often, school uniforms or casual ones. Korean students think differently about school uniforms and casual clothes. Research shows that 30 percent of Korean students prefer school uniforms, while the remaining 70 percent of Korean students prefer casual clothes. But in this essay, the writer thinks school uniforms are better. The characteristics of school uniforms and casual clothes can be compared through cost, unification, and individuality reasons.

First of all, two things can be compared for cost reasons. In the case of school uniforms, you can only buy one and wear it until you graduate. It is cheap in terms of price because you only need to buy one pair. On the other hand, you should buy a variety of clothes for everyday wear compared to school uniforms. Unlike school uniforms, which require only one suit, it is economically burdensome. Therefore, it can show the economics of the gap between the rich and the poor of students.

Also, students can get a sense of belonging and unity through their clothes. If all of them wear the same uniform, it gives students a sense of security that they belong to a group. In addition, giving a sense of belonging through the unification of clothes also helps foster sociality.

It has the effect of giving students a sense of responsibility, curbing bad behavior and instilling a love. In comparison, casual clothes do not give more feelings of belonging and unification than school uniforms. In conclusion, school uniforms are better than ordinary clothes to play a role in bringing students together.

Clothes are a good way to show your personality. Clothes, bags, and hairstyles are different from person to person and are a kind of fashion that has individual characteristics. The writer can say that clothes account for the largest portion among them. However, if we all wear the same clothes by wearing school uniforms, this is an act of ignoring individual personalities. On the contrary, casual clothes can show off students' individuality to their fullest. Thus, people say that casual clothes are excellent to show one's individuality.

In conclusion, school uniforms and casual clothes are compared mainly with costs, a sense of unity, and individual individuality. In terms of cost, school uniforms were cheaper. Furthermore, school uniforms gave students a sense of unity, and everyday clothes made their individuality more alive. Many Korean students prefer plain clothes. For three reasons, however, essay writers prefer school uniforms more. The writer thinks that school uniforms that give students less cost burden and the symbol of being a student at a school are better.

American English versus British English

By Mi Yeon Hong
University of Ulsan

Do you know the differences between American English and British English? English is used by almost all of the people in the world, so its importance rate is higher than before. The two countries that most famously use English are Britain (the United Kingdom) and America. Therefore, this essay explores the main three distinctions: pronunciation, spelling and different meanings of a word. ('vocabulary') between the two types of English.

The differences between them that almost all of us know is pronunciation. You hear British English watching drama or listening to music by chance, and then you can think it sound extremely clear. It's because the British pronounce the spell 'o' or 'a' clearly and they sound the spell 't' to [t] not [r]. In contrast, when we pronounce American English, it sounds smoothly. It's because it is a American-style to pronounce the spell 'r' and 't' to [r] rolling our tongue more.

Another difference is spelling. For example, there are two words, 'colour' and 'color'. They have the same meaning but the spelling is different between Britain and America. The former is one used in Britain and the latter is one used in America. This pattern also appears in the words humour and humor, favour, and favor, and so on. American English itself is originated in Britain English but it is reorganized in American style, so

there are many words that add, remove or replace some spellings with others.

From all the notable distinctions, double meanings can lead to confusion in communication. In Britain, 'fancy' means to want or aspire something as a verb, whereas in the America it means to be glamorous or more attractive, interesting as an adjective. If American and British talk with each other, they might not understand what they said because of some words. Then, you don't need to be nervous and just question or guess what it means.

There are many kind of differences of characteristics between American English and British English. The most three notable distinctions are the way to pronounce words, some of the words' different spelling and double meanings on a word. I'd rather you thought the two ways to use American English and British English whenever you study English. The more you study English, the more you get to know how different they are.



"United Flags of Love" by Wordshore is licensed under CC BY-NC-ND 2.0

Marvel Comics versus DC Comics

By Eun Seo Park
University of Ulsan

As most people know, Marvel and DC Comics are the two main companies of hero comics. The two cartoons company entry into the film industry created many fans, who were divided into DC and Marvel. Most people watch movies and think Marvel has a great character or content, but others argue that DC Comics is profound and far superior to Marvel. In this essay, there are three differences that Marvel and DC comics have.

The first dissimilarity between DC comics and Marvel comics is its starting point. DC comics take the first step to the National Allied Publications in 1934. DC comics was created by the merger of National Allied Publishers and All-American Publishers. Originally, the name National Comics was used, but because of the logo DC on the cover of the cartoon, people started calling it DC and officially renamed it DC comics in 1977. Marvel, on the other hand, began in 1939 with Timely Comics by magazine publisher Martin Goodman. Timely Comics has featured superheroes such as Captain America, who is famous for us. Later, it changed its name to Atlas Magazine in 1951 and finally to Marvel Comics that the name we are familiar with within the early 1960s.

Superhero is the second dissimilitude between two comics. Marvel's characters have more realistic characters that can be scientifically explained, such as Spiderman, an ordinary high school student, and Captain America, an ordinary soldier. Among them, the Iron man was a genius scientist, but he has developed his own suit and gained huge popularity for his superhuman power, flying skills and powerful weapons. Among the villains, Thanos, who was considered the best villain

in the MCU, also played a part in Marvel's popularity, trying to wipe out half of the population. DC is the most important factor in where the superhero DNA comes from For Superman, he became the first superhero, Batman became the first dark superhero, and Wonder Woman became the first female superhero. And also, among the villains, Batman's Joker played a part in DC comics popularity.

Lastly, it can be divided according to what is centered on movies or comics. Marvel shows a sense of immersion and reality with things we might go through based on reality. Spiderman was an ordinary high school student, and the Antman's case, he was just ex-con. This makes it easier for Marvel to create family action entertainment. On the other hand, DC comics has a profound director's philosophy just by looking at the movie Dark Knight.

In brief, the difference between Marvel and DC is the departure point, the attribute of the heroes and the central content, Marvel first started out as a magazine, but DC started out like a cartoon, and unlike DC's heroes who have superhuman powers, Marvel heroes get their superpower realistically. Also, unlike Marvel, family entertainment, DC has a profound philosophy. If you watch Marvel or DC movies this time, why not pay attention to these discrepancies?



"DC action figures" by phatfreemiguel is licensed under CC BY-NC-ND 2.0

Benefits of Cell Phones

By Young Rim Kim
University of Ulsan

You are at home alone now. You want to listen to music and watch a movie. However, there is nothing in your house. Then, what are you going to do? Nowadays, regardless of age, many people use cell phones enough to be addicted to their cell phones and according to statistics, one in five is addicted to cell phones. However, being addicted means that there are so many useful things. The top three of the advantages include taking pictures, communicating, and searching.

One of the most useful things is that we can communicate anywhere. Everyone thinks it is important to keep in touch with their close people, such as family and friends. Thus, we call and do kakaotalk using our cell phones. In addition, there are some cases that people communicate via facebook or instagram. It is very convenient that we just need to move our fingers to communicate with others.

Another beneficial thing is that we can take pictures anywhere and leave memories. There is a saying: All that remains is photos. As we live, we have

moments that we must cherish. There will be days when we meet an old friend while passing by. We can also see beautiful scenery that we will never see again. In these case, we can take pictures using our own cell phones. If we do not have a cell phone, we should only remember these things with eyes and head.

There are days when we happen to have a question in our lives. Then, we can search and know it using our cell phones. We often get something we do not know while we are walking down the street. In that case, if we do not have a cell phone, we have to remember it and search it on the Internet after going home. However, if we have a cell phone, we can explore it right away and find out about it. Besides, we can remember it for a long time by taking notes on our cell phone.

There are many valuable things of cell phones as there are many people who are addicted to their cell phones. Among them, the top three are communicating with others, taking pictures, and searching. Anything too much is not good. However, cell phones would be an indispensable necessity in life for all of us if we consider these merits and use cell phone appropriately.

HEROES & HISTORICAL FIGURES

Hayato Ikeda, Prime Minister of Reconstructed Japan

By Yoshihiro Hara, University of Shimane



Hayato Ikeda is the 58th, 59th and 60th Prime Minister of Japan. He changed Japanese economy and society. His famous policy is Income Doubling Plan. This plan is to double the gross domestic product within ten years and to promote economic growth centered on tax cuts, social security and public investment. In fact, the plan succeeded in doubling gross domestic product in just four years, which greatly enriched the lives of people. In addition, he decided to change the Japanese economy to an open economic system. For example, he raised the trade liberalization rate from 42 percent to 93 percent, adapted IMF's Article 8 and made Japan a member of the OECD. These encouraged positive participation in Japan's free trade system. The biggest international event that took place when he was prime minister was the Tokyo Olympics in 1964. Along with that, the transportation network, cities and living environment were improved and people's lives became more fulfilling. He is one of the most successful prime ministers of Japan. He made major renovation to bring Japan into a member of the developed world. I want to work on new things without fear of failure like him. His policy then greatly developed the Japanese economy and society.

Hideyo Noguchi, Brilliant Bacteriologist

By Reina Yamane, University of Shimane

Hideyo Noguchi is well known as an important bacteriologist. He saved a lot of people and countries from germs. In 1911, he is the first person in the world to find a germ in the brain with progressive supranuclear palsy. This germ was revealed as syphilis by Hideyo Noguchi. Thanks to this discovery, doctors became able to treat the sick. In 1918, he found a germ of Weil's Disease only nine days since he arrived at Ecuador. Then he developed a new vaccine to cure the disease, and this pandemic was stamped out by this vaccine in Ecuador. In 1925, he also

found that two illnesses were in fact the same disease in Peru and Columbia. This theory was scientifically proven by him. As a result, his services were appreciated by Harvard University. Even now, his theory is still used in the health care entities. As a result, his face is reprinted on a Japanese bill to praise his achievement.



Nobunaga Oda, Game Changer

By Shouya Ajiki
University of Shimane

Nobunaga Oda is a Japanese samurai who is well-known for his unifying Japanese lords during the period called Sengoku Era, which means "the era of battles." He was born in 1534 and died in 1582. He was a man who introduced new ways of battles and politics. It is considered that he changed how warriors fought at wars in Japan. In 1575 a battle called "Battle of Nagashino" took place. At that time samurai soldiers on horsebacks used swords. However, in this battle, Nobunaga used guns and achieved an overwhelming victory against his enemy. He also invented new ways to evaluate his men. He considered the talent of a man, not the birth of a man. For example, he appointed men of a lower social status to his close aids when he spotted talented people. One of such examples is Hideyoshi Toyotomi, a son of a farmer, who rose up to the ruler of Japan after the death of

his lord, Nobunaga. It was revolutionary to favor men of a low status family in the time influenced by the family background. Nobunaga's adventurous attitude of trying new things may be something the modern people should learn in this time of great social change.



Photo from Wikipedia

Wangari Muta Maathai: "Mottainai"

By Yuka Nakajima
University of Shimane

There is a woman who is active worldwide. Her name is Ms. Wangari Muta Maathai. She was born in Kenya. She is an ecologist and a politician. She

tries to strongly demand improvement in global warming and human rights. Desertification is a serious global problem, so she does tree planting in Kenya. About fifty million trees have been planted in thirty years. And she helps poor people for financial independence, the democ-

Tadataka Ino, Map Creator

By Muraki Kotone
University of Shimane

Tadataka Ino is the first person to complete a map of Japan. He is a man who had pursued dreams regardless of age. His beginning was his marriage to the Inos' in 1762. The Ino family used to make sake and soy sauce and wage shops for a long time. But Ino were small. With his hard work, he expanded it and became a millionaire. After he retired, he trained and began measuring in 1800. He walked his own and repeated the measurements. He was ill and met a natural disaster during measurement. But he didn't give up. And he finished the measurement in 17 years. He died in 1818. He could not see the completed map three years later. However, he gave hope to connect to Japan today. So I think he's a man who can challenge himself to no limits because it cannot change its form or ability by itself. On the other hand, people have a variety of abilities and experiences. They can extend their ability by learning new things through education.

Summing up the good points of machine, the machines can work for a long time without errors. This is nice for employers, but not so much for human workers in terms of competition for the same job. However, development of AI technology may produce a machine which will act like humans; they may start complaining of overwork and claiming for the same treatment as human workers. What do you think?



Hayao Miyazaki, Master of Animation

By Chio Yamamoto
University of Shimane

Hayao Miyazaki is a well-known animation film director who spread Japanese anime movies around the world. After founding Studio Ghibli in 1985, he produced animation films for the young and the old such as Laputa, Castle in the Sky and Neighbor Totoro. In 1997, Princess Mononoke was such a big hit that updated the box office record in Japan held by "ET" for the first time in 15 years. Moreover, Spirited Away released in 2001 further broke another box office record, setting a new record number one in the Japanese movie history.

Miyazaki Hayao's movies were also highly evaluated by foreign countries. At the Berlin International Film Festival in the following year, he won the Golden Bear Award for the first time in history as an animation in Japan for 39 years, and the Academy Award for Best Feature Animation in 2003.

In fact, many of the anime films he made are still seen by many people. It can be said that winning these awards has spread Japanese anime movies around the world.

One of the charms of his film is that his movies are popular among both the young and the old. Miyazaki professed that "animation are basically children's things," and the characters of his movies are mostly children. However, adults also

enjoy watching his movies, the grownups sometimes need to escape from the harsh reality from time to time and enjoy being children.

His works reflect the historical background of Japan and other countries, especially about wars. The themes are not simple, but deals with something deep. So his movies give a deep impression to the viewer. That is why I think adults can enjoy watching his films. Hayao Miyazaki is a great movie director who elevated the Japanese anime movies to the level which appeals both to children and adults.



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ratization of Kenya and the Women's Liberation Movement. Because she is keeping up the efforts even though face to the dictatorship, I chose her as the most beneficial person. I hope many women do well all over the world, so she is my role model. Besides, she is famous for the phrase "Mottainai" in Japan. "Mottainai" means Reduce, Reuse, and Recycle in Japan since before. She strongly urges the respect for resources that are placed now

with the phrase. People should not waste resources, and so do recycle used materials. Her action has a big impact on society and also reminds us of Japanese belief.



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HEROES & HISTORICAL FIGURES

Dinosaurs: The Ultimate Historical Figures

By Min Hye Park
University of Ulsan

About 65 million years ago, do you know who the owner of the Earth was and reigned before humans for 160 million years? They are dinosaurs. Dinosaurs are large reptiles that are now extinct and are classified as carnivorous and herbivorous dinosaurs depending on their prey. After the Earth was created, the Mesozoic era was the time when dinosaurs lived. The Mesozoic era is divided into the Triassic, Jurassic, and Cretaceous periods. Henceforth, this essay will explore the kinds of carnivorous and herbivorous along with era-specific features of Mesozoic periods and their habitat.

Firstly, the first period of Mesozoic is Triassic about 228 million years ago, which was named by German stratum. At that time, the climate was dry in the early stages, but it was humid and hot in the later years. There are not many dinosaurs yet, and their size was very small compared to what we think. Typically, there is Euparkeria, whose body size was almost 60 centimeters. The carnivorous dinosaurs of this time include Euparkeria, Herrerasaurus, Coelophysis, and Staurikosaurus living on land, Noto-saurus and Mixosaurus living in the sea, Peteinosaurus and Preondactylus had lived in the sky. Herbivorous dinosaurs were Plateosaurus, Riojasaurus, and Lesothosaurus. In short, there were not many dinosaurs during the Triassic epoch, but there are a little more dinosaurs besides the ones mentioned earlier.

Next is the Jurassic age, which everyone has heard a lot through the title of the movie. It is an era when dinosaurs began to increase in earnest. The weather of the Jurassic was warm like early summer all the year round, so trees grew a lot. The abundant food has raised the number of herbivorous dinosaurs, and they could have giant body size, thereby multiplying the number of carnivorous dinosaurs that

eat them. The zoophagous dinosaurs of the Jurassic period was found Allosaurus, Megalosaurus, and Monolophosaurus, there are Peloneustes and Germanodactylus in the ocean and sky. On the other hand, graminivorous dinosaurs include the commonly known Stegosaurus, similar looking Huayangosaurus, really huge Ultrasaurus, and so on. Although this essay was not written, the type of herbivorous dinosaurs was much higher than that of the dinosaurs living on ground in the warmth.

Lastly, it is the most famous Cretaceous era. This age became colder than in the preceding period, but there were a lot of new animals and plants considerably. In addition, many small herbivorous dinosaurs were formed that eat bloomed flowers. The predators were also very fierce. For such dinosaurs, the famous Tyrannosaurus, Velociraptor, well-known Pteranodon of pterosaur, and Mosasaurus of ichthyosaur. In the herbivorous, however, there are many kinds of dinosaurs we know. Such as, Triceratops who has three horns, Ankylosaurus with a blunt and strong tail end, and Pachycephalosaurus who does head-butt fight. Like this, during Cretaceous, there were noticeably many kinds, such as many famous dinosaurs, and numerous kinds of dinosaurs lived.

As we can see, we can find out the climate has changed significantly, as time goes by. These changes also made a huge impact on dinosaurs. Dinosaurs lived in three periods: Triassic, Jurassic, and Cretaceous. During the dry to damp and hot Triassic, there lived small and few kinds of dinosaurs, contrary to that warm weather continued in Jurassic, resulting in many dinosaurs, animals and plants. In Cretaceous, the temperature was lower than the Jurassic, and the flowers bloomed. So many dinosaurs that we know today have turned up. This author would like to ask readers a question: What would it have been like if dinosaurs had been alive today?



“Rupenhorn Dinosaur #4” by Kristian_Laban is licensed under CC BY-NC 2.0

Entertainers: Heroes in the COVID Crisis

By Victoria Thomas
University of Shimane

This semester has included some unusual challenges, with the COVID-19 crisis and many classrooms and other workplaces being transitioned online. Many people are staying at home because of illness, quarantine, or protection, and As a result, the world needs entertainment in order to stay sane.

In the time of COVID, entertainers are more valued than ever. Some celebrities are financially supporting COVID-19 measures and being hailed as heroes. Many are logging on to social media and encouraging people to stay positive and follow guidelines, sharing stories about regular people who are essential employees during the crisis - our “frontline

Ken Shimura: Entertainer, Singer, Actor

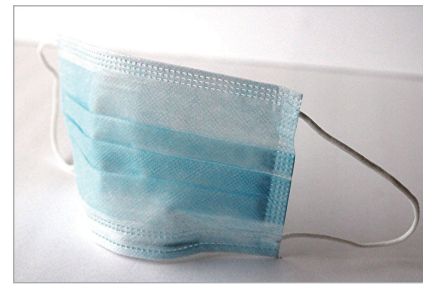
By Ryoma Ode
University of Shimane

I want to recommend Ken Shimura as the Entertainer of the year. He was a Japanese entertainer, singer and actor. He debuted as a member of The Drifters, who were a Japanese entertainment band in 1973. At first, he couldn't get a laugh, so for two years after he debuted, he trialed and erred. But from then on, he made all of Japanese people laugh with a lot of sketch comedy and his original gag. Especially, Higashimurayama Ondo is the most famous song he created. This song is what funny rhythm and based on his hometown Higashiurayama city. Many children loved this song. Ken Shimura had been active on many entertainment TV programs these years. But on March in 2020, Ken Shimura died due to the coronavirus. The news surprised and saddened Japan. So, for about a month, his memorial program was broadcast on

Park Seo-jun: Actor and Philanthropist

By Tomoka Takahashi
University of Shimane

I want to nominate Park Seo-jun for “Entertainer of the year”. He is one of the most famous Korean actors. The reason why I have chosen him is for his role of influence over Japan. Recently, one Korean drama has been popular in Japan. He is acting in a drama called “Itaewon class”. Many people watch it, because we had been not be able to go out for a long time because of covid 19. We have a lot of time to watch dramas regardless of whether people are usually interested in Korean drama or not. His acting has made people so strong, and happy. I think he encourages Japanese people to learn about Korea. He has made people rethink the relationship between Korea and Japan in spite of today's confusing situation, I believe. Not only thing as I said but also, he donates every time people are worried. This time, he did that for a city that has a



workers” of this era. Others are providing a distraction from the difficulties of daily life.

In order to make my Paragraph Writing class positive, relevant, and interesting for my students, I asked them to use their “describe a person” assignment to nominate a person for Entertainer of the Year. The paragraphs below are some of their replies.

many TV shows. Even now that he has died, his work is loved and is still being broadcast. Therefore, Ken Shimura should win this award.



Source: Image from Ken's Blog at <https://ameblo.jp/shimura--ken/image-12431730292-14335936249.html>

lot of infected patients. He always shows us good and benevolent things by his acting and behavior. He reminds people what is important in life. This year, his act has shown that clearly, I think. So, I want to recommend Park Seo-jun as Entertainer of the year.



“File:Park Seo-joon in May 2017.jpg” by TV10 is licensed under CC BY 3.0

CLASSES & COVID-19

U-Shimane Goes Online

By Mariko Eguchi
University of Shimane

After the Ministry of Education in Japan suddenly issued a notice on March 24, 2020, allowing the Japanese universities to go online, professors and students as well as administrators are experiencing a new mode of teaching and learning.

Despite Japan being technologically advanced, the education sector still favors the traditional methods of delivering knowledge: the teacher explaining ideas in front of the blackboard in a classroom. However, the default teaching was denied due to

Learning Effectively without Stress

By Reina Yamane
University of Shimane

Recently, a lot of university professors give some lectures on the network because of the coronavirus. I think online education is good because students can learn comfortably without stress.

First, we can take a lecture at home. This solves the risk of being late to the classroom, because we do not need hurry in the morning to catch a bus. It is so comfortable for me to stay home all day.

Second, online study is easy for some students to present their opinions to other students. If someone is called on during

Disadvantages of Online Lectures

By Saki Suyama
University of Shimane

Although there are some advantages to being given lectures online, I prefer being taught by teachers at the university to being given lectures online. In my opinion, studying from teachers in the same classroom definitely enables us to concentrate and to spend a more meaningful time for several reasons.

First of all, it is hard for students to prepare each lecture's handouts in advance. Students have to download them

Saving Money and Energy

By Yutaro Mitsui
University of Shimane

Online education has good points. First of all, as you do not need to go to school, so the financial burden of going to school is reduced. For example, expenses such as gasoline of a motorcycle or the

Difficulty in Online Communication

By Ruura Fukunaga
University of Shimane

Japanese colleges currently use online class to prevent coronavirus infection, but online class is not necessarily a good way for teachers and students. In my view, the face-to-face class in the classroom is better for several reasons.

First of all, teachers and students are not well-prepared for online lessons, because they experience online class for the first time. So, we must learn to use

the serious health risk posed by the corona virus pandemic. It was impossible to stick to the familiar teaching style. Nonetheless, the decision to go online was confusing to everyone.

The teachers and students of the University of Shimane experienced for the first time a shift from face-to-face education to online education. Except a few courses, all the classes are taught either synchronous online teaching or asynchronous on-demand teaching. Both teachers and students have a lot to say about this new mode of education. The followings are students' perspectives toward their online experiences.

class in the classroom, she should speak in front of everyone, but some students may feel pressure, and she might not be able to say anything. However, online participants can comment in the chat box, speak using a microphone, send stickers during online lessons. In online lessons, students don't have to worry about what others think about themselves.

It is true it is hard to meet friends face to face, but I can contact other classmates even when we are apart. When someone feels lonely, we can meet during online classes and hear the voice of others. It brings a sense of security.

and print them. If some students don't have a printer, they must go to Media Center or a convenience stores.

Also, we are under a big stress from being seen by others. Many people are shy, so they feel very uneasy to be seen so, they turn off their cameras, and shut down the important channel of good communication. If students turn off the video, teachers can't see students' faces, so teachers can't know if students really understand what teachers said. So, we can't communicate with each other well.

bus fare become needless. Students can save money on transportation cost.

Also online education saves the physical strength. Going to school is tiring because students live downtown, but the university is located on top of a hill. Staying at home is more comfortable.

computers. I often hear teachers and students, "It is hard to do classes through computer."

In particular, it seems hard for teachers to prepare online lessons. Furthermore, it is difficult to communicate each other. Teachers cannot tell how well students can understand the lecture. It is difficult for students to ask questions, too.

If there is a way to stop the coronavirus crisis, I want to take classes in the classroom.



Photo by Mariko Eguchi

Online Experiences: A Teacher's View

By Claire Kaku
University of Shimane

Before joining the English teaching family at The University of Shimane, I was a teacher who had taught online very little. At the beginning of April, I was excited to meet my students in person. Later on, when all the classes were switched to online ones, I have to admit that I felt upset and helpless for some time. Luckily, I have been fully supported by the English teaching family. Steve kindly spared time for Moodle orientation for me. Mariko designed a fun and helpful workshop about Zoom and provides ongoing professional advice for my concerns. Melissa selflessly offered to answer my 'silly' questions and organized workshops on Zoom and Moodle. Thanks to these workshops, my confidence grew. Eleanor always responds timely to my ER questions. Teamwork provides me with great strength to be a better online teacher. Fresh ideas spark when I am surrounded with excellent colleagues.

I've thought a lot about what my online classroom should offer to students. Before each class, I remind myself of these two principles: provide meaningful support to my online learners and convey positivity that the students can succeed.

I believe online students are typically working by themselves during Covid-19. They can't ask for clarification when they first encounter instructions like they do in physical classrooms. Therefore, for their Moodle assignments, I write down the directions as if we were having a face-to-face conversation. Students don't need to guess what I want them to do because they can always study my examples to see

my expectations. Many of them are motivated to do better on their assignments. Therefore, to encourage them to commit themselves continuously, I always play the role of my students' biggest fan and spare time to praise their successful outcomes. I enjoy seeing their sweet smiles and laughter after receiving my positive feedback.

As online learners, students write more English emails than they usually do. However, I found they were failing to write as politely as they do in Japanese: not using greetings and being very direct when asking questions. Pragmatic errors can be more disastrous than grammatical ones. Pointing out their impoliteness did not seem to help. To demonstrate caring for our busy online learners, I provided them with a model to follow. They quickly made use of it, and now their emails are more polite.

As weeks passed by, another problem emerged. From students' emails, I realized online learning has caused them to communicate less with people, and some of them have begun to have time management problems. They've begun to oversleep, overeat, and delay their assignments. To explore deeper, I changed the topic of the assignment for that week to 'My lifestyle during Covid-19'. I wanted to discover how students were arranging their lives and if they had found any problems. Time management is an important skill for one's life. I hope I can help them with it, even a little.

Online-only classes are tiring, and thus not the best choice. But as a teacher, I try to make online classes an inviting and pleasant place to be.



Photo by Mariko Eguchi

JAPANESE CULTURE

Carp streamers: symbol of Japanese family

By Tatsuya Hironaka
University of Shimane

Tourists who travel in rural areas of Japan in May can watch colorful fish-shaped objects fluttering in the wind. They are called koi-no-bori, namely, carps climbing upstream. The fish objects are carps because carps are considered strong and beautiful fish in Japan. The carp streamers are a symbol of the ideal Japanese family. There are usually more than three fabric carps displayed, symbolizing the nuclear family. The set should have the biggest one, the second biggest and the smallest. The biggest one on the

top, usually painted in dark colors, represents the father. The size is usually seven meters long. The second one painted red, represents the mother, whose size is about five meters long. The smallest one shows the child, whose size is about three meters long. If a family has more children, they should add the number of the small one. Since they are enormous, it is rare for families living in cities show off traditional carp streamers, but they hang smaller sets made of paper in their balconies, hoping that their children will grow up healthy and strong just like the carp streamers.



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Calligraphy in Japanese education

By Ryuya Nozaki
University of Shimane

This is a calligraphy set which I used when I was an elementary school child. In this bag, there are brushes, ink, paper weight, pieces of thin paper, and felt mat. This smells like the ink that reminds me of my calligraphy experiences. Calligraphy was brought to Japan from China in the 11th century and Japanese started to learn how to write. Since then calligraphy has been an important subject of education. Japanese children take calligraphy lessons in elementary school and junior high school as a required subject. Currently Japanese do not use brushes and ink for regular writing, but letters drawn by a brush has special meanings. For example, Japanese perform kakizome, the first writing of the year, to show their new year resolutions on long sheets of paper in January. Such letters are displayed on the wall because Japanese feel something

spiritual in the brush drawn letters. There are so-called a shodo performance, an exhibition where writers wearing white kimono and traditional black trousers draw powerful letters using an enormous brush on a sheet as big as a carpet, among calligraphy clubs at high schools. The audience enjoy watching the exciting process of brush-drawn lines and dots turning to something spiritual. I am glad I took calligraphy lessons because I am able to admire the beauty of calligraphy.



Photo by Ryuya Nozaki

Traditional Umbrella to Pray for Rain

By Reina Yamane
University of Shimane

This traditional umbrella was used to pray for rain in Tottori Prefecture in the Edo Period. This umbrella is called "shan-shan gasa" because a lot of bells are attached on the umbrella and it sounds like ting-a-ring. At end of the Edo Period, villagers in the Tottori region experienced a record drought. So, one man started to dance to pray for rain. His name was Gorosaku. This incident is believed to be the origin of the traditional umbrella. Being passed down to the current generation, this umbrella reminds the connection between gods and the people in Tottori Prefecture. For example, children in Tottori Prefecture dance spinning this umbrella in summer. Children make their umbrellas themselves by using glue stick, paper,

and wire. The umbrellas in the photo are made of bamboo and cardboard. Once their decorative umbrellas are made, they dance for fun. A big festival, called Shan-Shan Festival, has been held every year in Tottori since 1965. The festival is listed in the Guinness Book of World Records as the world's biggest umbrella festival.



Umbrella festival. Photo by Reina Yamane

"Matsue Castle" by Clay Gilliland is licensed under CC BY-SA 2.0

Meaning of Osechi

By Kotone Muraki
University of Shimane

Osechi is a dish that can be eaten during the New Year in Japan. There are 20 to 30 types of side dishes in osechi. I think osechi is a gift from ancestors who have wished for good health. The reason is that each side dish in the osechi has its own meaning. For example, shrimp symbolizes longevity because a shrimp is bent, which is similar to the back of an

old man who lives long until the waist is bent. Black beans have the meaning that they work hard until they get a black tan. In addition to this, osechi also has wonderful meaning that each side dish can be healthy for one year this year. Also, osechi has a very long history of 1000 years. These are inherited from the generations of ancestors. Therefore, osechi is a present from forefather who is connected to the past and the future.



Photo by Kotone Muraki

Mirror Rice Cake and Japanese Spirituality

By Masato Kusakari
University of Shimane

Japanese families display enormous rice cakes called kagami-mochi, namely, mirror rice cake, during the New Year Holiday. The kagami-mochi is as large as a volleyball, but it is flat like a pie. The kagami-mochi is a sacred food for Japanese. The New Year Holiday is for Japanese to welcome the god of the incoming year, and the god must be welcomed to their houses and entertained by the special rice cake. The incoming year god is called Toshi-gami-sama, namely, Mr. God of the Year. The god visits everyone's house on January 1, and after a few days the god leaves back to the mountain. Then people are allowed to eat the rice cake. People eat it on a certain day, which is called "the day to open the mirror." They believe the rice cake has special powers: they will not get sick and can avoid disasters by eat-

ing the mirror cake on the mirror opening day. To sum up, kagami-mochi represents traditional beliefs that have been passed from generation to generation.



Photo by Masato Kusakari

The Wondrous Castles of Japan

By Kohei Nozaka
University of Shimane

Japanese castles are built on stone walls, called Ishigaki. Although a lot of Japanese wooden castles were destroyed after being constructed during 10th century, the stone walls are still standing proudly on mountain tops overlooking many cities in Japan. The magnificent ancient stone walls give modern people a glimpse of craftsmanship: passion, expertise, and creativity. In order to build stone walls, a tremendous number of heavy

stones must be carried from various parts of Japan. Unlike today powered by modern machinery, they needed to procure materials by sea. Only passionate lords and dedicated servants were able to accomplish such a difficult task. Another amazing thing about the stone wall is how stone wall builders figured out the combination of variously shaped stones into a perfect wall. The stones had various shapes and sizes: some were good for the top, and others were good for the bottom of a wall. The builders were able to balance the pieces like solving a difficult puzzle. In addition, the ancient builders developed a creative solution for water to flow through the gaps between stones. That is why the ancient stone walls remain unchanged even today. Thus, the stone walls of Japanese castles are filled with the wisdom of old architects.



TRAVEL

Watermelon and Grape Paradise

By Xie Yanani
University of Shimane

What fruit can you buy with 50 yen in Japan? A small tangerine, maybe. In my hometown, you can buy a whole watermelon!

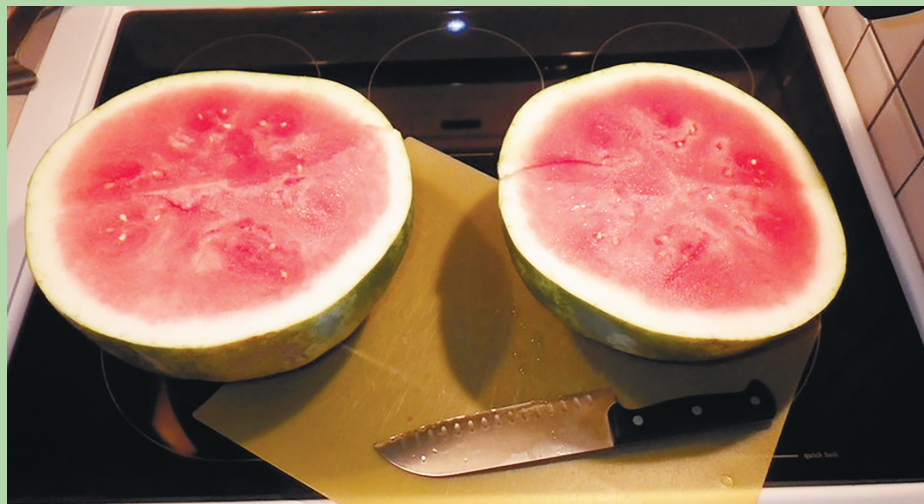
Hi. My name is Xie Yanan. I am a graduate student studying laws at the University of Shimane. My hometown is in Ningxia Hui Autonomous Region in China. Ningxia is famous for watermelons and grapes. The climate of Ningxia is perfect for growing fruits. It is very hot during day and very cold during night. So the fruits become very sweet.

China is the country with the most watermelons planted in the world. In summer, watermelons become very cheap in China. In my hometown, when watermelons are the cheapest in summer,

it only costs a few yuan per kilogram. If exchanges it into Japanese yen, it may be less than 50 JPY for a whole watermelon. Even in winter a whole watermelon is only 600 Japanese yen.

My family usually stores a lot of watermelons in the warehouse in summer up to the point that they can cover the ground of the storeroom. After returning home from the outside, my family and I used to cut a watermelon in half, and everyone takes a half and eat it with a spoon. The cold sweet juice is better than the air conditioner.

In addition to watermelons, grapes are also famous in my hometown. The latitude of Ningxia is the same as that of France, which is a very suitable condition for growing grapes. Because of this, wine production is flourishing in Ningxia. In recent years, more and more international



tourists, including Japanese, are coming to Ningxia. Some of them come here are to attend international conferences, others are for cultural exchange activities. I have also participated in many of these activities as a volunteer. Then I found that many overseas guests choose to buy a bottle of wine as a souvenir when they

leave Ningxia.

Although my hometown is generally known for the ancient city of Xixia Dynasty, it is also famous for sweet watermelons and grapes. I hope someday you can visit Ningxia and enjoy a great feast!

The Festival of the Virgin of Candelaria

By Camila Méndez Távila
ESAN University

Peru is an extraordinarily diverse country. It stands out for its food, for its customs and traditions, for its music and for its dances. In this article I will tell you a little about the largest cultural, musical, dance and religious event in Peru: the Festival of the Virgin of Candelaria. This cultural event is held in February. It originated in the southern Andean region of Puno, and it is organized by the Regional Federation of Folklore and Culture of Puno.

The Festival of the Virgin of Candelaria lasts for around 18 days from the end of January to the middle of February. The main activities of the festival are the dance contest at the Enrique Torres Belón Stadium, in which more than 500 dances are presented and broadcast nationwide, and the reception of bands, which brings together various musical groups that play beautiful melodies to the rhythm of the drums and cymbals. Then, there is the main parade. It lasts two days, and dance groups dance through the streets of the city of Puno for approximately five hours each day. Finally, there is the Cacharpari, which is the closing party of the festival.

In February of this year, I had the opportunity to travel to Puno to be a part of this celebration with the dance group to which I belong. On the day of the contest, we were very nervous. We were excited



to be dancing in front of so many people and to demonstrate everything we had been practicing in our rehearsals.

The next day was the parade.

Throughout the parade, we heard screams of euphoria and words of encouragement from the crowds. It was amazing. The most anticipated moment of that day was when we danced in front of the main church in Puno where the Virgin of Candelaria is kept. That moment was unique. It was inevitable that we cried with emotion when we saw the Virgin herself, because when we saw her, despite the exhaustion we felt after dancing for so many hours, we remembered the reason why we were in Puno, and that helped us to continue until the end. The reason why we committed to this dance was to venerate her, to show her our devotion and faith.

According to tradition, if you participate in the Festival of the Virgin of Candelaria three years in a row, she will fulfill a miracle for you. I have already completed my first year, and I look forward to next year to be able to dance for you again, Virgin of Candelaria.

Enjoying Hamada: Student Perspectives

By Kanta Yamamoto
University of Shimane

Hamada has a lot of nature such as the beautiful sea and mountains and there are many delicious foods, so there are many ways to enjoy life.

The first way to enjoy Hamada is the beautiful sea. The sea of Hamada is so beautiful that you can swim and surf in the sea in summer. You can also enjoy fishing in other seasons. It is great fun to fish on a sunny day. Sea of Hamada is very fun because various fish and large fish can be caught. It will entertain you.

The second way to enjoy the nature of Hamada is the mountain. Hamada is very rich in nature and has many forests. So Hamada has very clean air. So you can enjoy the nature of Hamada more by cycling and hiking in the mountain. It will make Hamada's nature more enjoyable.

The third way is to eat delicious foods. Hamada has a beautiful sea, so fish is very delicious. Various kinds of fish are caught in each season in Hamada, so you can eat various kinds of fish. There are also restaurants where you can eat delicious foods in various places, such as near the Hamada station. Therefore, you can eat various dishes.

Hamada is very good place because there is a lot of nature to enjoy.

Photo by Mai Nakada

By Mai Nakada
University of Shimane

AQUAS is the best aquarium I have ever seen. We can see about 400 kinds of interesting fish and no less than 10,000 creatures. In this aquarium, we can see the most fish in the Chugoku region. Therefore, we won't tire of seeing them. My favorite fish tank is the shark tank. There are several types of sharks, for example bullheaded sharks. They look funny and pretty! One of the most important reasons I love this aquarium is we are able to see white dolphins. White dolphins cannot be seen in many aquariums in Japan. So, if you go to AQUAS, you can go through the rare experience! That is why, I would recommend that you go to AQUAS at least once!



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